



CG Railway, Inc. 1000th Sailing Tracks Across the Gulf

Mobile, Alabama, August 29, 2014 – CG Railway, Inc., a wholly-owned subsidiary of International Shipholding Corporation (NYSE: ISH), announced that its Rail Ferry Service between the United States and Mexico reached a milestone today with the sailing of its 1000th voyage.

CG Railway's Short Line service commenced in January of 2001 with two Rail Ferry vessels providing a short sea alternative to overland rail routes originating in the Eastern United States and bound for Central and Southern Mexico. Travelling between Mobile, AL and Coatzacoalcos, Mexico, the service expanded in 2007 from a single-deck operation to a double-deck operation, increasing the onboard capacity of each vessel to an average of 115 railcars. Since that time, the expanded CG Railway Short Line service has consistently delivered the highest levels of performance and customer service while handling increasing cargo volumes.

CG Railway connects to U.S. Class 1 and short-line railroads serving the Port of Mobile, AL via the Alabama State Port Authority Terminal Railway (TASD), as well as the Ferrosur railroad serving the port of Coatzacoalcos in Mexico. CG Railway offers competitive and expedient solutions for the transportation of a variety of goods moving by rail to and from Mexico, including forest products, chemicals, minerals, metals, agricultural products and – starting in the 1st quarter of 2015 – refrigerated freight. CG Railway service cuts across the Gulf of Mexico, rather than the U.S./Mexico border crossings, increasing forward visibility and saving valuable time in the supply chain.

Kevin Wild, Senior Vice President of CG Railway, said, “By providing an efficient short sea solution that facilitates trade from the U.S. and Canada to Mexico, the Rail Ferry provides a unique, high-quality service that we are proud to offer our valued customers. This milestone is a direct result of our strong relationships with loyal customers and the tireless efforts of our dedicated staff. Our focus remains on providing an economically feasible alternative to traditional routes, and – even as we take a moment to appreciate how far we have come – we eagerly look forward to the opportunities that lie ahead.”

James K. Lyons, Chief Executive Officer of the Alabama State Port Authority hailed the sailing as a testament to the services provided at the port. “CG Railway is a strong partner providing Southeastern and Mid-west U.S. shippers fast, affordable service to and from Mexico not found elsewhere. We congratulate International Shipholding and the CG Railway on their achievements.”

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About International Shipholding Corporation

International Shipholding Corporation, through its subsidiaries, operates a diversified fleet of U.S. and International Flag vessels that provide worldwide and domestic maritime transportation services to commercial and governmental customers primarily under medium to long-term charters and contracts.

For more information about the company, please visit www.intship.com or www.cgrailway.com

About the Alabama State Port Authority

The Alabama State Port Authority owns and operates the State of Alabama's public, deep-water port facilities at the Port of Mobile and handled over 26 million tons of cargo in fiscal year 2013. The Authority's container, general cargo and bulk facilities have immediate access to two interstate systems, five Class 1 railroads, and nearly 15,000 miles of inland waterway connections. Learn more at www.asdd.com or on Facebook at www.facebook.com/AlabamaStatePortAuth

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